<u>Ushers are needed</u> for Maundy Thursday, Good Friday, and some Easter morning services. See the sign up on the front page of this Connection Card insert.

Blood Pressure Screening today in the church office, 9:15011:45 am.

Adult Forum: NO Adult Forum today or on April 16. Happy Easter!

**Coffee and Conversation:** Monday, April 10, 10:00-11:30 am. Cooking for one or two with Chef Anna Klimmek.

**Befriender Training:** We are holding training sessions for all those who wish to become a Befriender on April 22, 23, and 29. Call Mary, Faith Comm. Nurse, in the church office with any questions.

**Snack and Chat:** Tuesday, April 25, 6:30-7:30 pm. Facilitated by Stacy Eichman-Cardwell. This informal gathering will give us a chance to share stories and reflections about our wholehearted living and the Brené Brown concepts we have learned this year. Of course snacks will be provided! No registration - just join us!

**Adoptive and Foster Parent Group:** First Tuesday of each month, 6:00 pm. Our next meetings are on April 4 and May 2. We believe that our Christian faith is the basis of our family lives. We listen, learn from, and support each other in this confidential, faith-based group.

## Yogadevotion Spring Sessions ~ Mondays, April 3 - May 22 9:00 am - Chair Yoga 6:30 pm - Yoga Flow Cost: \$64 for this eight-week session. There is still room in each class. Sign



Cost: \$64 for this eight-week session. There is still room in each class. Sign up in the Info Center in the Yogadevotion Binder.

(includes a Chicken Kiev Dinner/dessert/presentation). "The Tomb is Empty so Our Hearts Can be Full", presented by Rev. Sarah Ciavarri. Discover the attributes of developing and nurturing the relationships God has given us. This women's event will equip us to understand how trust and compassion show up in our faith journeys. Sign up in the binder in the Info Center. Deadline is May 1. <u>Payment must accompany your registration</u>. After May 1, we can no longer accept registrations.

Women's Intergenerational Event and Dinner: Friday, May 5, 6:00 pm. Cost: \$15

**Health Ministry Volunteer Dinner:** Monday, May 15, 5:45 pm/dinner; 6:30 pm/ program. This is an evening of renewal and thanks for our many wonderful volunteers in the Health Ministry. Rev. Beth Willkie-Horsch will present "The Many Faces of Healing". Sign up in the binder in the Info Center.

**New Camp This Summer!** Augustana's Chorister Choir Director, Kim Zemple, is offering a summer music camp for teens this July 17-21. All students finishing grade 7 through first year of college are invited to sign up. This will be a high-energy, fast-paced, music-filled week! Kim will provide direction and rehearsals for a cantata, which will be performed the evening of July 21. There is no fee for this camp, but registration MUST be completed by June 12. Registration forms are in the Info Center or on the Augustana website under LEARN/YOUTH MINISTRY. Call the office at 651-457-3373 or email Kim at kimzemple@yahoo.com.

PERSONAL FAITH DEVICE (PFD): This is a business card-sized tool that you can create and personalize. These were introduced last week and many of you picked up your first series of cards. There are several NEW cards for you to collect on one of the tables in the narthex. If you weren't here last week or didn't start yours, there is a second table that has the rings and the initial set of cards. Each week the cards will include Bible verses, inspirational quotes, reflective questions, breath prayers, and more. Choose one or choose them all. The cards can be organized on a small ring (also available in the Narthex). How Do I Use My PFD? Flip through the cards on your PFD whenever you need inspiration, encouragement, or a tangible connection to God. Keep it in your purse, at your desk, in your car, briefcase, backpack, at your bedside, or any convenient place that will allow you to flip through the cards and reflect. There will be staff members available this morning to help you get started.

## Augustana at the Science Museum: Friday, April 21, 5:30-9:00 pm Cost: \$16/adults; \$10/children and seniors (age 65+)

**TODAY** is the deadline to sign up! Find the All-Congregation Ministry Binder in the Info Center to sign up. Tickets are non-refundable after today! All ages are welcome! Children and youth <u>must</u> be accompanied by an adult! Enjoy an evening of fun exploring the exhibits with Augustana friends.

## Augustana Concert Series:

Sunday, April 23, 3:00 pm - Northern Lights Chorale, Bruce Phelps, Conductor Sunday, May 7, 3:00 pm - Mississippi Valley Orchestra, conducted by Brian Dowdy Featured soloists on May 7 are Cecilia Belcher, violin & Richard Belcher, cellist



**Prayer Request Box:** The box in the Info Center into which you have been placing your prayer requests is still available. Fill out the form nearby, place it in the box, and Augustana's confidential Prayer Warriors will go to the Throne of Grace on your behalf.

Guatemala Gala "Education for All": Sunday, April 23, 4:30-8:00 pm. Southview Country Club, 239 East Mendota Road in West St. Paul. the schedule of events includes a marimba band performance, the silent auction, raffle ticket sales, the Guatemalan Handbag Shopping Experience, a live auction, and the Giving Tree. We'll enjoy an authentic Guatemala Buffet Dinner also. The keynote speaker is the Rev. Karen Castillo. The donations will benefit such things as secondary school scholarships, El Mirador Primary School, theological training for church leaders, the women's retreat, and the women's education center.

**Paths to Faithful Caregiving:** Tuesdays, April 25-May 23 at Augustana. 1:00-2:30 pm. Cost: \$20 (scholarships available). <u>Please register before April 18</u>. To register, call 651-632-5330 or email 2ndHalf@lyngblomsten.org. Do you help a parent, spouse, or older neighbor? During this five-week program, you will learn how to:

- \* manage stress and difficult emotions
- communicate more effectively
- create balance in life

- \* locate helpful resources
- find caregiving strength through your own unique practices

**Augustana at the Saints Game:** We are going to two Saints games this summer. **Saturday, June 24,** at 7:05 pm. Tickets are \$14/person, and we will tailgate beforehand.

**Sunday, July 16**, at 5:00 pm. Tickets are \$12/person with NO tailgate party beforehand. Sign up in the Congregation Events binder in the Info Center.

**The Gathering** is a program in which Augustana volunteers provide a stimulating and fun day for people experiencing memory loss. We meet on the first and third Tuesday of each month from 10:00 am-3:00 pm. The group loves to sing along, move, and listen to music as part of the day. Would you be interested in sharing 30-45 minutes of a musical program with the group? Please sign up on the Connection Card Serve page or call Mary, Faith Community Nurse in the office.