

ADULT FORUM

Winter/Spring 2017 - Jerusalem Room
Forums 9:45 – 10:45 AM & 10:50 -11:50 AM

February 5 ***Rising Strong – The Rumble***

As we continue our journey with Brene Brown's book *Rising Strong*, we will learn what it means to rumble with our stories. Several short videos of Brene explaining this process will give us some humorous insights.

February 12 **God's World: Faith, Science and Technology**
Angela LaMoore

Pastor Intern Angela shares her thoughts and experiences around the intersection of science and religion. There will be plenty of time for discussion, so be sure to bring your own thoughts and questions!

February 19 ***Rising Strong – The Revolution***

We will complete our overview of *Rising Strong* by Brene Brown. Another video showing concrete examples of the Daring Greatly process will be viewed.

February 26 ***Being Mortal – Mary Nordvedt***

Bestselling author and practicing surgeon, Atul Gawande courageously explores the hard conversation about letting go and having a good full life until the end. A basic overview of the book plus a video of Atul Gawande talking about his book *Being Mortal* will be presented.

March Daring Greatly Series

We have learned about Wholehearted living, daring greatly, being vulnerable and taking risks. During this series Augustana's Pastoral team will share some personal examples of when they have dared greatly and how their faith helped them through the experience.

March 5 – Megan Torgerson

March 12 – Angela LaMoore

March 19 – Mark Aune

March 26 Down Syndrome Lessons - Kate Amlee

People with Down syndrome are all unique individuals with much to teach the rest of us. Come learn what Down syndrome is, as well some of the joys and challenges. Do you have questions, but are unsure of how to ask? Do you want to better understand so that you can connect with individuals with Ds, or help your children make a new friend? Do you want to learn more about how to support a caregiver? Kate Amlee is a teacher who has been learning and educating about Down syndrome for 35 years. She has a brother and a son who were both born with Ds, and she'd like to share her story and lessons. Bring your questions!

April 2 Luther's Radical God – Rev. Mark Tranvik

500 years ago Martin Luther began the Reformation by nailing the 95 Theses to the church door in Wittenberg, Germany. Behind this daring act was an understanding of God's grace that was both bracing and bold. This class will look at why Luther got into so much trouble and how his view of God can still resonate with believers today.

Mark Tranvik has taught at Augsburg College for over twenty years. He is also an ELCA pastor, having served a congregation in Brooklyn Center for ten years. He is the author of Martin Luther and the Called Life and he also introduced and translated Luther's The Freedom of a Christian.