

ADULT MINISTRY

March/April 2018

Contact Stacy Eichman-Cardwell with questions.

Adoption and Foster Parent Group

First Tuesday of the Month – March 6, April 3, May 1

6:00-7:30 PM

Facilitators Donna Engels & Ellen Thorson

As adoptive and foster parents we share some unique aspects of parenting and family dynamics. We, listen, learn from, and support each other. Please contact one of the facilitators with any questions you may have. Donna Engels engels53@comcast.net, Ellen Thorson ejthorson@msn.com. Nursery will be provided.

Men's Breakfast

6:30 – 7:30 AM

Wednesday, March 7, April 4, May 2

Sign up not necessary

On the first Wednesday of the month men of all ages gather for a free breakfast and Bible study with Pastor Aune.

Where Faith Meets Life Adult Bible Study

Wednesdays 6:00 - 7:00 pm Led by an Augustana pastor

How does the upcoming preaching text apply to your life today? Join together for a casual discussion of the upcoming Sunday's preaching text.

Coffee and Conversation

Mondays, 10:00 – 11:30 AM, March - April 30

Facilitator: Stacy Eichman-Cardwell

This "come when you can" women's group provides a variety of spiritual, educational and entertaining topics. Fellowship, coffee and treats begin at 10:00 am; programs begin around 10:15 AM. A separate flyer lists all of the topics for the season. No sign up necessary.

Essential Oil Make and Take Tuesday, March 13, 6:30 -7:30 PM

Come create your own unique scent by combining essential oils and coconut oil in a roller bottle that you can take home. Instructions about blending and essential oil ratios will be provided. Free Will Donation. Email Stacy (secardwell@augustana.com) or contact the church office to register by **March 9th**

Creation on Canvas *A Boat by the Sea*, Thursday, March 22, 6:00 – 9:00 PM

Facilitator: Jan Gunderson \$20.00 fee includes all materials

Instructor/artist Jan Gunderson will share a new painting, *A Boat by the Sea*, inspired by a recent Outer Banks vacation; Jan also dedicates this painting in memory of a beautiful young lady, Katherine Olson, whose life was taken at a young age when applying for a nanny position (Craig's list murder). Jan will give you simple instructions to create your own one-of-a kind 16" x 20" canvas. Paint, brushes, fun and fellowship are all included! Sign up with payment at the information desk. (Class size limited)

Tuesday Women's Bible Study – April 3 - 24, 9:30 -11:30 AM

Facilitator: Flossie Lund

Cost: \$10

Happy? What it is and how to find it

This book/DVD study by pastor Matt Miofsky will help you discover some interesting keys to a happy life like living in the present, feeling gratitude and learning to release control. Contact Flossie Lund at flosslund@yahoo.com to register.

Working Women of Faith

Thursday, April 5, 6:00 PM Dinner

Facilitator: Susan Berg-Williams

This is a fun, "come when you can" group that focuses on how faith life and work life intersect. We meet at a different restaurant each evening. New participants are always welcome! Please contact Susan Berg-Williams at bergwilliams@hotmail.com for more information or to RSVP for the event.

Group Spiritual Direction, Tuesday, April 10, 6:30 -7:30 PM

Rev. Bill Eisenmann

On Tuesday, April 10 from 6:30 to 7:30 p.m., there will be an ORIENTATION for those who are interested in learning about "Group Spiritual Direction" (GSD) at Augustana, facilitated by Bill Eisenmann. GSD uses voluntary sharing, silence, and response (contemplation model) to assist travelers on their spiritual journeys. The purpose of the Orientation will be to learn about GSD, demonstrate how GSD is done, discuss commitment, small group organization, and the number and dates of the meetings. Bill is a retired ELCA pastor, member of Augustana, and recently completed a GSD course at St. Catherine's University in St. Paul.

Friday, April 27, 6:30 - 8:00 PM "Minnesota from the Road" – Doug Ohman

Travel with photographer/storyteller Doug Ohman as he photographs many of Minnesota's most interesting landmarks and Icons. Doug will share the stories of how these landmarks became so famous. His pictures and stories are sure to entertain and help relive memories and bring new interest in future road trips around our great state. Tonight's presentation will be the **Arrowhead & Iron Range Tour:**

Explore sites along the Northshore of Lake Superior from Duluth to the Canadian border. On the return trip we will stop at many locations throughout the historic Iron Range, including the largest Iron ore mine in the world and drink the best glass of water in Minnesota.

No cost - light appetizers will be served.

Fun Photography Class – Doug Ohman

Saturday, May 5, 9:30 -11:30 AM

Spend the morning with professional photographer Doug Ohman to learn more about how to artistically enhance your photos by paying attention to balance, lighting and composition. Bring your camera because we will have time to practice! No cost but sign up by emailing Stacy (secardwell@augustana.com) or contacting the church office. Light snacks provided.

Make sure you check out these detailed flyers.....

- Adult Forum schedule
- Women's Coffee & Conversation event schedule

