

Every day we have plenty of opportunities to get angry, stressed or offended. But what you're doing when you indulge these negative emotions is giving something outside yourself power over your happiness. You can choose to not let little things upset you.

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—Pastor Joel Osteen

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

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—Albert Einstein

You receive from the world what you give to the world.

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—Oprah

Whatever our individual troubles and challenges may be, it's important to pause every now and then and appreciate all that we have on every level.

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—Shakti Gawain

Gratitude is the single most important ingredient to living a successful and fulfilled life!

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—Jack Canfield

Let gratitude be the pillow upon which you kneel to say your nightly prayer.

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—Maya Angelou

Happiness is not so much in having as sharing. We make a living by what we get, but we make a life by what we give.

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—Norman MacEwan

If the only prayer you said in your whole life was "thank you," that would suffice.

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—Meister Eckhart