

Adult

Becoming a Ripple of Faith

Becoming a positive ripple of faith is not an overwhelming task, but it does involve the intention to gain insight into our perceptions and behaviors. This winter I am offering a unique way to discover some interesting consequences of our thoughts and behaviors.

On **Tuesday, January 12**, an educational video will be available at augusta-na.com (under *New Ways to Gather*, select the *Faith & Learning heading*) for you to watch about true fear/false fear and how fear can make you sick.

The following **Tuesday, January 19**, we will have a ZOOM discussion from 7:00-8:00 pm to talk about the video and answer questions.

On **Tuesday, January 26** you can watch another video at augustana.com on how fear can cure you to make positive ripples of faith.

The following **Tuesday, February 2**, we will have a ZOOM discussion from 7:00-8:00 to discuss the video and answer questions.