



## ***Where Faith Meets Life Weekly Practice***

### **MARTIN LUTHER & THE SACRAMENTS**

**Reflection Subject:** How Martin Luther and the Sacraments (Baptism & Holy Communion) shape and guide you each day.

Looking back on your responses to the *Where Faith Meets Life Weekly Practices*, share how Martin Luther and/or the Sacraments impact you on a daily basis. You might choose to write: 1) a summary from your weekly responses 2) what Baptism and Holy Communion mean to you, 3) demonstrate how your life is different because of Baptism and Holy Communion, 4) how the work of Martin Luther still impacts your life today to you.

Be as creative as you'd like in your reflections. Complete your reflection in your journal. Journals should be turned in to Abby by **Wednesday, February 23, 2022**. Abby will read your responses and get your journals back to you for Lenten Mentoring. Please contact Abby with any questions—[anorlinweaver@augustana.com](mailto:anorlinweaver@augustana.com).

#### **Where Faith Meets Life Weekly Practices**

##### **1/26—MARTIN LUTHER & BAPTISM**

- What are two things you learned about Martin Luther and/or his work?
- Share one way people know you are baptized and claimed by God?

##### **2/2—BAPTISM**

- What are two things you do or know each day because you are baptized?

##### **2/9—HOLY COMMUNION**

- Think of a time you received forgiveness. How did you feel before and after you were forgiven? Was it easy or hard to ask for and accept forgiveness? Why?

##### **2/16—HOLY COMMUNION**

- How does receiving Holy Communion nourish you mentally, physically, and spiritually?
- How does receiving Holy Communion inform or change your actions and how you respond to others this week?