

Confirmation Faith Habits to Practice 2022-2023

One of the goals of confirmation is to help students practice letting their faith guide and shape who they are and how they show up in the world each day. The way we do that is to ask students to practice living out the faith beliefs about which we are learning. Turning these faith beliefs into faith habits requires intentionality and practice. Participating in worship services, serving their neighbors, and pursuing lifelong learning are all ways confirmation students can form and practice healthy faith habits.

The following three categories are designed to help students develop these habits so that by the end of confirmation, living them out is simply part of what they do. During the service of Confirmation every September, students affirm their faith. They affirm their intent to continue these habits as part of their Christian identity.



Part of being in a faith community includes worshipping together—a time to gather to hear the word of God, celebrate God, reflect on what God is up to in our lives, and proclaim a shared belief. With this shared belief we pass on the stories, history, and lessons of our faith to the next generation.

Worship practices might include:

- At Augustana
- Another church
- Watching an online service
- Other significant worship event (wedding, funeral, etc.)

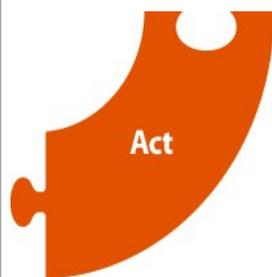
Complete a worship faith practice form for each worship service attended. **1 service = 1 worship habit practiced.**
This habit must be practiced at least 10 times by August 2023.



Ongoing learning helps us better understand our own faith and beliefs. Curiosity helps us stay active in our faith. Ask questions. Explore what others have to say. Learn what has happened in the past. When we connect our life experiences with what we learn, we grow in our faith.

Participation in Christian educational opportunities outside of regular confirmation events or worship services is a component of learning and growing. Options might include: engaging with Augustana daily video series, using the faith practice cards, workshops, retreats, Bible Studies, Bible camp, conferences, reading a book, attending a concert, a devotional, etc. **1 hour = 1 learn & grow habit practiced.** Limit four credits per year for any given project (unless otherwise noted).

This habit must be practiced at least 6 times by August 2023.



Our Christian faith teaches us we are to care for our neighbors and all of creation. It calls us to do something for our community and world outside of our families. This faith habit requires that you actively serve your neighbor.

1 hour = 1 act habit practiced. Limit four credits per year for any given project (unless otherwise noted). One form may be used for any multi-day event (acolyte, choir, summer trips and camps, etc.) Final practice counts for acts of service to be determined by Augustana staff.

This habit must be practiced at least 6 times by August 2023.